



Adult Carers

**Dedicated to providing
support to Adult Carers at
the University of Cumbria**



Who is an Adult Carer?

If you provide care, assistance or support to another family member on an unpaid basis, you could be an Adult Carer.

This may include caring for a relative who is disabled, has a chronic illness, mental health problem or other condition and who ordinarily would not be able to cope without support or supervision.

Working in the Community

We work within the community to raise aspirations and support Adult Carers of all ages to attend university.

If you'd like to speak to our team about our current community work, please email our dedicated pre-entry contact, **Emma Garbett**
Email studentsuccess@cumbria.ac.uk



Support



Support while you apply

We recognise that you may not need or want extra support from us. However, it's important to know what's available.

Emma Garbett is our designated pre-entry contact for Adult Carers. She can provide advice and signpost you towards additional support.
studentsuccess@cumbria.ac.uk

Entry package includes:

- Need a second opinion on your personal statement? Contact us for additional support.
- Financial reimbursement for travel to Interview Days and Applicant Visit Days.
- An initial meeting with our team during an Interview Day or Applicant Visit Day. To arrange an initial chat, please contact Emma Garbett.
- Head Start - an online programme designed to give you the skills you need to start your university course.
- Our designated pre-entry contact for Adult Carers can provide advice and signpost you towards additional support.

Support while you study

What about when you're studying at the University of Cumbria?

You'll have access to a post-entry contact who can provide advice and signpost you to further information and services across the university.

studentsuccess@cumbria.ac.uk

Entry package includes:

- Access to a friendly University Life Mentor - a current student at the university.
- Information about discretionary financial support you may be able to access once at the university.
- If required, help accessing support with managing your academic commitments, including support with submission of extenuating circumstances.
- Your post-entry contact can also provide information about accessing other university support services such as careers guidance and disability support
www.cumbria.ac.uk/youngadultcarers



Your key contact

✉ studentsuccess@cumbria.ac.uk

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