

UoC Active

Campus Classes & Group Training

Monday

Cardio Group Training

12:15pm - 1:00pm @ Sports Centre

Wednesday

Strength Group Training

12:15pm - 1:00pm @ Sports Centre

Thursday

UoC Active Yoga

12:15pm - 1:00pm @ Sports Centre

Booking in Advance is Essential

Price: £4.50

Premium Members: Free



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