

SHAPE YOUR FUTURE CAREER IN HEALTH

INSTITUTE OF HEALTH
CONTINUING PROFESSIONAL
DEVELOPMENT (CPD)



WELCOME TO THE UNIVERSITY OF CUMBRIA

Whether you are a Nurse, Allied Health Professional, Midwife, Paramedic, Diagnostic Radiographer, or a professional working within Social Work, Psychology, Social Care or Sport and Exercise Health, we have a great selection of academic awards, apprenticeships and modules to support your ongoing development.

Our courses are designed, led and supported by academics with extensive experience in their fields of practice, each of them passionate about supporting and educating our Health and Social Care workforce of the future. Many of our programmes have Professional Regulatory Body approval, meaning you can be confident that our courses are of the highest calibre.

From individual modules to Masters awards, our programmes are practical and accessible making the most of technology and distance learning so that you can combine study with your busy work and home life. Our flexible approach enables part-time study, with start dates in January, April and September.



Subjects

Choose from a wide range of CPD options in areas including Acute and Critical Care, Clinical Learning and Development, Counselling, Emergency and Primary Care, Incident Management, Leadership, Medical Imaging, Psychosocial and many more.

Award-winning Degree Apprenticeships

Our CPD offer includes a range of degree apprenticeships such as Assistant Healthcare Practitioner, Diagnostic Radiographer, Midwife, Registered Nurse and Youth Worker.

A degree apprenticeship is a fantastic way of achieving a professional qualification backed by a degree. At the University of Cumbria all our higher and degree apprenticeships are linked to either a foundation, bachelor's or postgraduate degree programme, with learners securing both an Apprenticeship and a University award.

Studying an Apprenticeship will mean you don't pay tuition fees and earn a salary for the duration of your training.

Cumbria Skills Academy

The Cumbria Skills Academy provides non accredited continuing professional development (CPD) workshops and tailored consultancy across health and social care.

Refreshing clinical knowledge or developing new skills, our provision is designed to respond to the evolving needs of our partners, the current and future workforce, and most importantly, patients. We offer flexible, high-quality learning opportunities shaped around real-world practice aligned to the three NHS priorities, prevention, personalised care in the community, and digital transformation.

Our offer ranges from community-based care skills to digital upskilling, helping teams move confidently from analogue ways of working to more technologically advanced systems.

Current opportunities include:

- Electrocardiogram interpretation and Diagnosis
- Cardiac Arrest Management
- Difficult Airways
- End of Life Care
- Patient Assessment
- Curriculum Design
- Introduction to Online Teaching

If your specific needs aren't listed, please get in touch. We'd be delighted to explore how we can support you.

You will find attached full details of our CPD offer for 25/26 on our website where you can apply online:

Short Health and Social Care CPD Courses - University of Cumbria.

Employer Enquiries

If you are an employer and would like to speak to someone about our offer, please contact:

iohdevelopment@cumbria.ac.uk or **01228 242679**.

Student Enquiries

If you are a student and you have any questions, please contact our enquiry centre at

enquirycentre@cumbria.ac.uk or **0808 178 7373**.

CPD SUBJECTS

We have listed details of our CPD offer by subjects as listed below.
Just click on your area of interest below to jump directly to that page.



Boost your career in Health with our CPD and short courses

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ACUTE CARE PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
University Advanced Diploma	Practice Development: Critical and/or Acute Care	60	6
Postgraduate Certificate	Practice Development: Critical and/or Acute Care	60	7

ACUTE CARE MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Acute and Critical Care: Foundations for Practice	20	6 or 7
Certificate of Achievement	Acute Care: Initial Assessment and Management of the Acutely Ill Adult	20	6 or 7
Certificate of Achievement	Critical or Acute Care: Independent Study	20	6 or 7



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ADVANCED CLINICAL PRACTICE PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Master of Science	Advanced Clinical Practice	180	7



Award-winning Degree Apprenticeships in Health

We are one of the leading providers of higher- level and degree apprenticeships, with over 2,500 learners sponsored by 390 employers throughout England.

We provide a strategic opportunity to enhance your workforce by upskilling existing employees or helping you recruit new talent.

Delivering innovative apprenticeship programmes, developed in collaboration with esteemed organisations such as the NHS, Police, Sellafield Ltd, Rolls-Royce, the BBC, and many others, so your in excellent hands.

We specialise in key sectors ranging from Paramedic Practice, Diagnostic Radiography, Healthcare to Advanced Clinical Practitioner - ensuring your employees gain the expertise and qualifications needed to drive success and future-proof your organisation.

ASSISTANT PRACTITIONER APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Foundation Degree in Science	Assistant Practitioner (Health)	240	5
Foundation Degree in Science	Assistant Practitioner (Health) (Radiography)	240	5
Foundation Degree in Science	Assistant Practitioner (Health) (Occupational Therapy)	240	5

ENHANCED PRACTICE APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Postgraduate Diploma	Enhanced Clinical Practitioner	120	7



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APPRENTICESHIPS CONT.

MEDICAL IMAGING APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Diagnostic Radiography (Top Up)	120	6

MIDWIFERY APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Midwifery	360	6

NURSING APPRENTICESHIPS

AWARD	TITLE	CREDITS	LEVEL
Foundation Degree in Science	Nursing Associate	240	5
Bachelor of Science with Honours	Nursing/Registered Nurse: Adult Nursing	360	6
Bachelor of Science with Honours	Nursing/Registered Nurse: Children's Nursing	360	6
Bachelor of Science with Honours	Nursing/Registered Nurse: Learning Disabilities Nursing	360	6
Bachelor of Science with Honours	Nursing/Registered Nurse: Mental Health Nursing	360	6



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APPRENTICESHIPS CONT.

OCCUPATIONAL THERAPY APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Occupational Therapy	360	6

URGENT AND EMERGENCY CARE APPRENTICESHIPS

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Paramedic Science	360	6

YOUTH WORK APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Youth Work	360	6



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ASSESSMENT AND CARE PLANNING MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Consultation and Physical Examination: Health Assessment Skills	20	6 or 7
Certificate of Achievement	Clinical Reasoning and Assessment Skills in Healthcare (CRASH)	20	6 or 7



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CARE FOR CHILDREN AND YOUNG PEOPLE MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Health Assessment in Common Childhood Illness	20	7
Certificate of Achievement	Advanced Assessment of the Acutely Unwell Child	20	7
Certificate of Achievement	Critical Perspectives on Infant Feeding	20	7
Certificate of Achievement	Perinatal and Infant Mental Health	20	7



CLINICAL LEARNING AND PROFESSIONAL DEVELOPMENT MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Evidence Based Practice	20	6
Certificate of Achievement	Dissertation	40 or 60	6 or 7
Certificate of Achievement	Negotiated Learning	10 or 20	6 or 7
Certificate of Achievement	Work Based Learning	20	6 or 7
Certificate of Achievement	Clinical Decision Making	40	6 or 7
Certificate of Achievement	Pathophysiology and Diseases in Practice	20	6
Certificate of Achievement	Health Surveillance and Hazardous Substances	20	6
Certificate of Achievement	Advanced Pathophysiology and Diseases in Practice	20	7
Certificate of Achievement	Absence Management	20	6
Certificate of Achievement	Professional Paramedic Advocate	20	7
Certificate of Achievement	Professional Midwifery Advocate	20	7
Certificate of Achievement	Professional Midwifery Advocate (Bridging Programme)	20	6
Certificate of Achievement	Professional Nurse Advocate	20	7
Certificate of Achievement	Professional Advocate for Allied Health Professionals	20	7
Certificate of Achievement	Work Based Learning in Primary Care for First Contacts Paramedic Practitioners	20	7

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CLINICAL LEARNING AND PROFESSIONAL DEVELOPMENT MODULES CONT.

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Work Based Learning in Primary Care for Musculoskeletal First Contact Practitioners	20	7
Certificate of Achievement	Professional Values and Ethics	20	7
Certificate of Achievement	End Of Life Care for All Healthcare Professionals	20	6 or 7
Certificate of Achievement	Patient Safety in Clinical Practice	20	6 or 7
Certificate of Achievement	Foundation of Diabetes Care and Management	20	6
Certificate of Achievement	Advanced Diabetes Care and Management	20	7
Certificate of Achievement	Pain: Assessment and Management	20	6 or 7
Certificate of Achievement	The Clinical Consultation in First Contact Practice: Integrating Theory and Practice	20	7
Certificate of Achievement	Enhanced Learning Skills in Healthcare Environments	20	7
Certificate of Achievement	Introduction to Teaching, Learning and Assessment	20	7
Certificate of Achievement	Researching Academic Practice	20	7
Certificate of Achievement	Curriculum Design and Development	20	7



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COACHING AND APPRAISING MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Coaching and Mentoring	20	7



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COUNSELLING PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Postgraduate Diploma	Counselling and Psychotherapy	120	7
Master of Arts	Counselling and Psychotherapy	180	7
Postgraduate Diploma	Advanced Practice in Cognitive Behavioural Therapy - High Intensity IAPT (Improving Access to Psychological Therapies)	120	7

COUNSELLING MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Introduction to Counselling Skills	10	4



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CRITICAL CARE MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Critical Care: Contemporary Issues	20	6 or 7
Certificate of Achievement	Core Assessment and Management of the Critically Ill Adult	20	6 or 7



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ENHANCED PRACTICE APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Postgraduate Diploma	Enhanced Clinical Practitioner	120	7



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INCIDENT MANAGEMENT MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Disaster Response	20	6 or 7
Certificate of Achievement	Humanitarian Action	20	6 or 7
Certificate of Achievement	Planning Remote Environmental, Health, Community and Disaster Response	20	7



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LEADERSHIP PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Postgraduate Certificate	Practice Development: Leadership and Management in Health and Social Care	60	7
University Advanced Diploma	Practice Development: Health & Wellbeing Coaching	60	6
Postgraduate Certificate	Practice Development: Healthcare and Medical Leadership	60	7

LEADERSHIP MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Leadership Through Transformational Learning	20	7
Certificate of Achievement	Leadership and Change	20	6
Certificate of Achievement	Concepts of Lifestyle and Behaviour Change for Health and Wellbeing Coaching	20	6
Certificate of Achievement	Coaching and Motivational Interviewing for Health and Wellbeing Coaching	20	6
Certificate of Achievement	Mental Health Awareness and Understanding for Health and Wellbeing Coaching	20	6



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MANAGEMENT AND SUPERVISION MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Clinical Supervision	20	6 or 7
Certificate of Achievement	Managing Self and Others	20	6
Certificate of Achievement	Managing within a Strategic and Organisational Context	20	7



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MEDICAL IMAGING PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
University Diploma	Radiography Assistant Practitioner Bridging Course	60	5
Postgraduate Certificate	Medical Imaging	60	7
Postgraduate Diploma	Medical Imaging	120	7
Master of Science	Medical Imaging	180	7

MEDICAL IMAGING APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Foundation Degree in Science	Assistant Practitioner (Health) (Radiography)	240	5
Bachelor of Science with Honours	Diagnostic Radiography (Top Up)	120	6



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MENTAL HEALTH CARE MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Advancing Mental Health Across the Health Care Spectrum (Intermediate)	20	6
Certificate of Achievement	Advancing Mental Health across the Healthcare Spectrum (Advanced)	20	7
Certificate of Achievement	Dementia: Understanding Key Concepts	20	6
Certificate of Achievement	Dementia: Advanced Care	20	7



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MENTORING & ASSESSMENT MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Developing Practice: Supporting and Assessing Students in Healthcare Settings	20	6
Certificate of Achievement	Contemporary Practice: Supporting and Assessing Students in Healthcare Settings	20	7



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MIDWIFERY PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Master of Science	Practice Development: Midwifery	180	7

MIDWIFERY APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Midwifery	360	6

MIDWIFERY MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Examination of the Newborn	20	6 or 7



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MINOR INJURIES MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Care of Minor Illness and Minor Trauma	20	6 or 7



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NON-MEDICAL PRESCRIBING PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
University Award	Non-Medical Prescribing	40	6 or 7
University Award	Independent Prescribing for Pharmacists	40	7
University Award	Independent/Supplementary Prescribing for Nurses and Midwives (V300)	40	6 or 7
University Award	Independent/Supplementary Prescribing for Allied Health Professional	40	6 or 7



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NURSING PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Practice Development: Nursing Top Up	120	6
Master of Science	Practice Development: Nursing	180	7

NURSING APPRENTICESHIPS

AWARD	TITLE	CREDITS	LEVEL
Foundation Degree in Science	Nursing Associate	240	5
Bachelor of Science with Honours	Nursing/Registered Nurse: Adult Nursing	360	6
Bachelor of Science with Honours	Nursing/Registered Nurse: Children's Nursing	360	6
Bachelor of Science with Honours	Nursing/Registered Nurse: Learning Disabilities Nursing	360	6
Bachelor of Science with Honours	Nursing/Registered Nurse: Mental Health Nursing	360	6

NURSING MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	CNO 002 Discovering a Nursing Career in General Practice. Fully funded places available for 25/26	0 or 20	0, 6 or 7



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OCCUPATIONAL HEALTH PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Graduate Diploma	Practice Development: Occupational Health	120	6
Master of Science	Practice Development: Occupational Therapy	180	7
University Advanced Diploma	Practice Development: Occupational Health	60	6

OCCUPATIONAL HEALTH MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Legal and Ethical Aspects of Occupational Health	20	6
Certificate of Achievement	Workplace Mental Health	20	6
Certificate of Achievement	Stress Management	20	6
Certificate of Achievement	Contemporary and Sustainable Occupational Therapy Practice	20	7



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OCCUPATIONAL THERAPY APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Occupational Therapy	360	6

OCCUPATIONAL THERAPY

AWARD	TITLE	CREDITS	LEVEL
Foundation Degree in Science	Assistant Practitioner (Health) (Occupational Therapy)	240	5



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PHARMACOLOGY AND PHARMACY MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Medicines: Therapeutics and Pharmacology	20	6



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PHYSIOTHERAPY PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Master of Science	MSc Practice Development: Physiotherapy	180	7
Postgraduate Certificate	Practice Development: Physiotherapy (Musculoskeletal) First Contact Practitioner	60	7



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PRIMARY CARE MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Clinical Decision Making in Primary Care: Improving Outcomes in Complex Patients	20	7
Certificate of Achievement	Primary Care: Challenges and Innovations in Practice	20	7



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PROFESSIONAL DEVELOPMENT PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Top Up Practice Development	120	6
Postgraduate Certificate	Practice Development	60	7
Master of Science	Practice Development	180	7



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PSYCHOLOGY PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Master of Science	Psychology: Legal and Criminological	180	7
Master of Science	Psychology: Environment, Health and Wellbeing	180	7



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RESEARCH MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Research Methods	20	7



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RESPIRATORY MODULES

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Respiratory Health Assessment	20	6 or 7



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URGENT AND EMERGENCY CARE PROGRAMMES

AWARD	TITLE	CREDITS	LEVEL
Master of Science	Practice Development: Paramedic	180	7
Bachelor of Science	Top Up Practice Development: Paramedic Top Up	120	6
Postgraduate Certificate	Practice Development: Paramedic	60	7
Postgraduate Certificate	Practice Development: Paramedic First Contact Practitioner	60	7
Postgraduate Certificate	Practice Development: Emergency Care	60	7



URGENT AND EMERGENCY CARE MODULES CONT.

AWARD	TITLE	CREDITS	LEVEL
Certificate of Achievement	Electrocardiograms in Clinical Practice	20	6
Certificate of Achievement	Advanced Electrocardiograms in Practice	20	7
Certificate of Achievement	Emergency Care of Women and Children	20	6 or 7
Certificate of Achievement	Management of Major Illness and Major Trauma	20	6 or 7
Certificate of Achievement	Holistic Assessment and Case Management of the Complex Patient with Long Term Conditions	20	6 or 7
Certificate of Achievement	Preparing to Expand Paramedic Practice	20	6 or 7

URGENT AND EMERGENCY CARE APPRENTICESHIPS

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Paramedic Science	360	6



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YOUTH WORK APPRENTICESHIPS (Subject to validation)

AWARD	TITLE	CREDITS	LEVEL
Bachelor of Science with Honours	Youth Work	360	6



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