

CUMBRIA

SKILLS

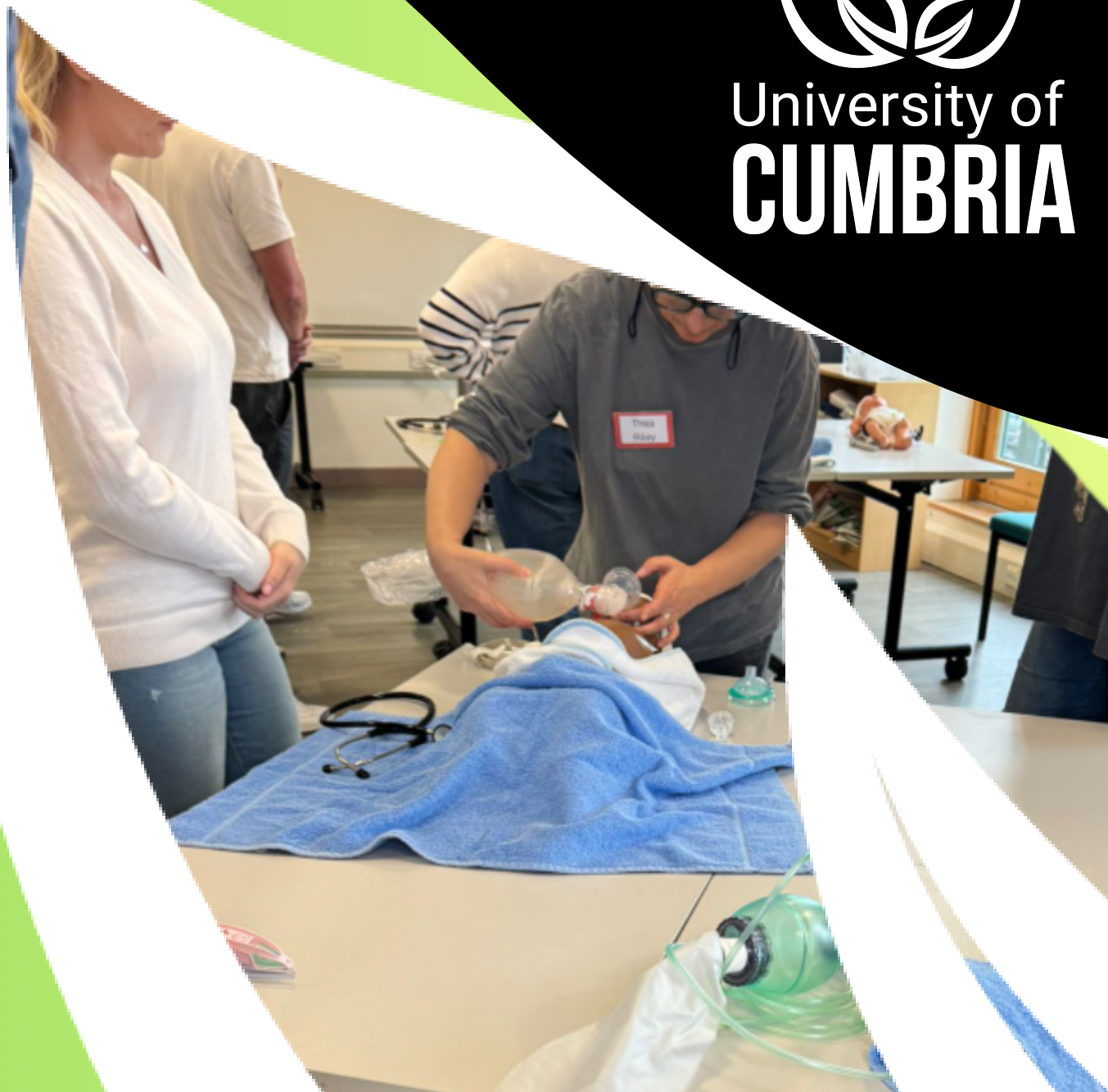
ACADEMY

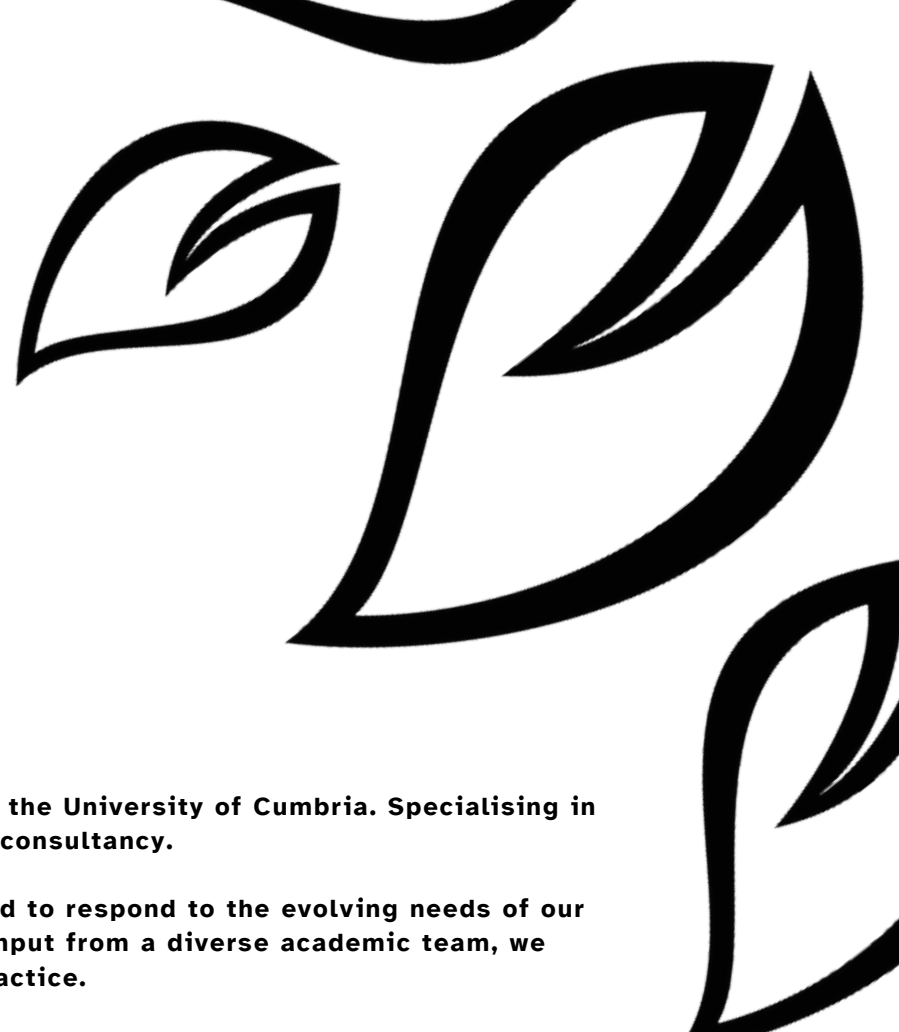


**PROVIDING CPD TO HEALTH
CARE PROFESSIONALS
THROUGH STAND-ALONE
SHORT COURSES**



**University of
CUMBRIA**



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WELCOME TO

CUMBRIA SKILLS ACADEMY

The Cumbria Skills Academy is a part of the dedicated workforce development team at the University of Cumbria. Specialising in non-credit bearing continuing professional development (CPD) workshops and tailored consultancy.

Whether refreshing clinical knowledge or developing new skills, our activity is designed to respond to the evolving needs of our partners, the current and future workforce, and—most importantly—the patients. With input from a diverse academic team, we offer flexible, high-quality learning opportunities that are shaped around real-world practice.

In line with the NHS's three key shifts—towards prevention, personalised care in the community and digital transformation—the Cumbria Skills Academy's offer ranges from community-based care skills to digital upskilling, helping teams move confidently to more technologically advanced systems.

Whether you're looking to build on existing expertise or explore new areas of practice, we invite you to browse the wide range of workshops and consultancy opportunities we offer.

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FACE TO FACE WORKSHOPS

We offer in-person workshops held at University of Cumbria campuses in Carlisle and Lancaster, and at selected venues across North West England.

It's a chance to connect with peers, try new approaches and refresh your practice away from the usual workspace.

Information is sent a few days beforehand with all the practical details for the day including any pre-learning requirements.

Refreshments are provided; but we ask candidates to bring their own lunch



MANAGING CARDIAC ARREST 1

This session will familiarise, update and enhance knowledge and understanding in these topic areas: Advanced Life Support, Management aligned to RCUK guidelines, including wider ECG rhythm recognition, team approach principles, recognizing and managing reversible causes and post ROSC care.

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: One full day course based at Lancaster

Cost per delegate: £275 based on a cohort of 20*



MANAGING CARDIAC ARREST 2

This session will familiarise, update and enhance knowledge and understanding in these topic areas: HOTT Principles including managing cardiac arrest with head, chest, pelvic and limb trauma and special circumstances such as a consequence of hypothermia, hanging and drowning.

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: One full day course based at Lancaster

Cost per delegate: £275 based on a cohort of 20*



MATERNITY

This session will build confidence and capability in supporting birth from a normal birth to managing complicated deliveries. It will explore pregnancy physiology, common conditions, and how to assist a normal birth safely. It will also cover shoulder dystocia, breech birth, and cord prolapse.

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: One full day course based at Lancaster

Cost per delegate: £275 based on a cohort of 20*



ECG 1

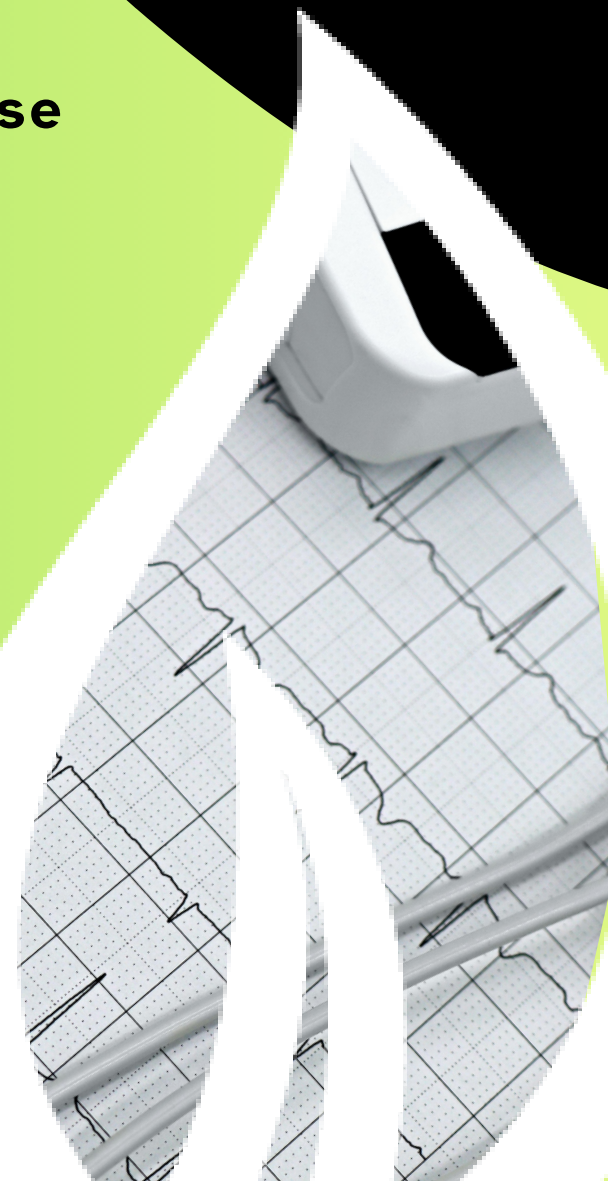
This session will familiarise, update and enhance knowledge and understanding of these topic areas: Atria Dysrhythmias & Ventricular Dysrhythmias and Acute Coronary Syndrome (Angina, STEMI/NSTEMI).

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: One full day course based at Lancaster

Cost per delegate: £275 based on a cohort of 20*



ECG 2

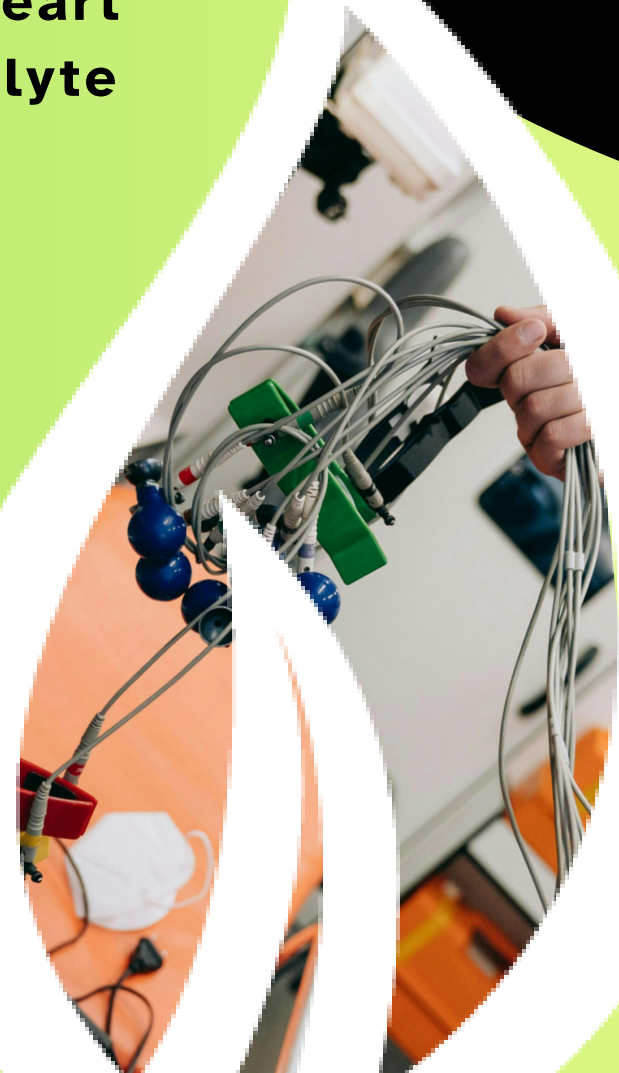
This session will familiarise, update and enhance knowledge and understanding of heart blocks, nutritional deficiencies and electrolyte imbalances.

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: One full day course based at Lancaster

Cost per delegate: £275 based on a cohort of 20*



END OF LIFE CARE

This intensive, hands-on session will cover the transition from emergency intervention to compassionate palliation. It will cover the interpretation of disease trajectories, the legalities of Advance Care Planning and symptom management within local frameworks.

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: One full day course based at Lancaster

Cost per delegate: £275 based on a cohort of 20*



DIFFICULT AIRWAYS

This one day, face to face course is dedicated to developing knowledge, understanding and practical demonstration of prehospital airway management.

Suitable for: Currently intubating Paramedics

Prospective delivery dates: August 2026 onwards

Course detail: One full day course based at Lancaster

Cost per delegate: £275 based on a cohort of 20*



ONLINE WORKSHOPS

Our half-day online workshops run on Teams and cover a range of in-demand topics. Candidates often return for multiple sessions.

The courses are practical, engaging, and easy to fit into a busy schedule. Every workshop creates a friendly, confidential environment where learners can try new things, get feedback, and discuss real-world scenarios.



TRACHEOSTOMY

This interactive online session will cover how to accurately distinguish between tracheostomy and laryngectomy, how to understand the implications for airway management, and apply evidence-based strategies for emergency interventions. It will also explore holistic patient considerations, including communication, psychological support, and multidisciplinary care pathways

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: 3.5 hour online course

Cost per delegate: £137.50 based on a cohort of 20*



POLYPHARMACY

This interactive session will examine how multiple medications can interact to increase the risk of adverse events, falls, and hospital admissions, and will explore strategies to identify and mitigate these risks in the pre-hospital setting. It will also cover safe prescribing principles, recognition of medication-related harm, and holistic considerations for patient-centred care.

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: 3.5 hour online course

Cost per delegate: £137.50 based on a cohort of 20*



DIABETES PHARMACOLOGY

This session will explore the medications used in treating hypoglycaemia, hyperglycaemia, and diabetic ketoacidosis, linking pharmacological principles to pre-hospital decision-making.

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: 3.5 hour online course

Cost per delegate: £137.50 based on a cohort of 20*



ASTHMA

This interactive online session will explore underlying mechanisms and the latest evidence-based approaches to assessment and treatment. It will examine treatment choices, including pharmacological and non-pharmacological interventions, and discuss clinical pathways for effective management in pre-hospital and emergency settings.

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: 3.5 hour online course

Cost per delegate: £137.50 based on a cohort of 20*



GLYCEMIC

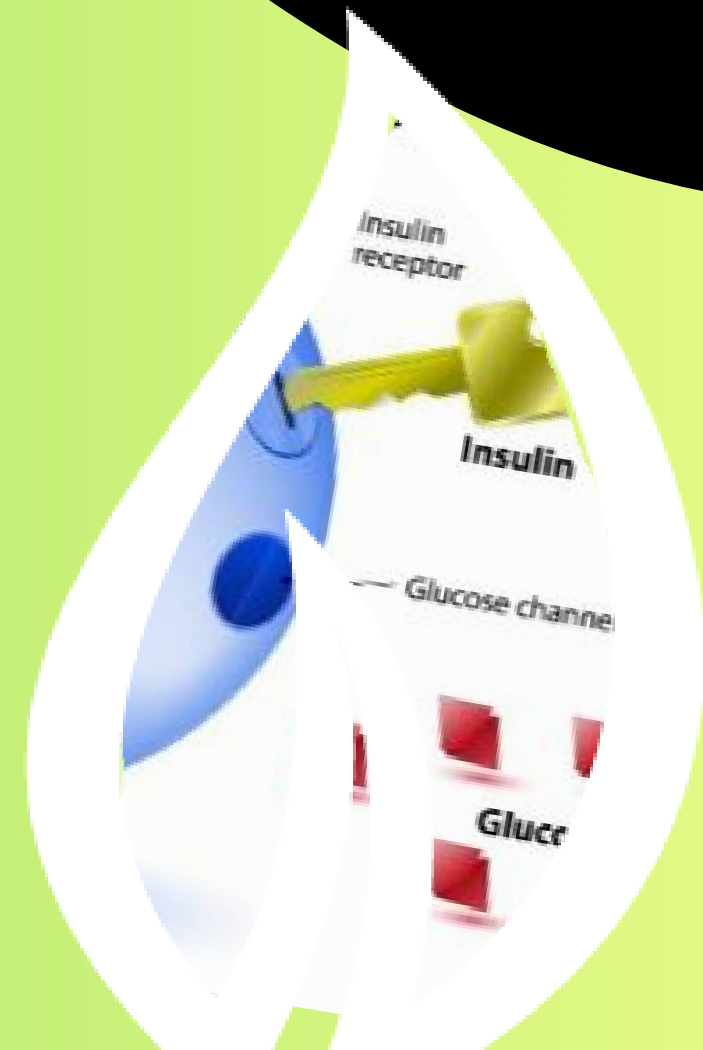
his live, interactive session will explore the aetiology, pathophysiology, and rapid recognition and treatment strategies essential for frontline care including ketone monitoring principles

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: 3.5 hour online course

Cost per delegate: £137.50 based on a cohort of 20*



RESPIRATORY PHARMACOLOGY

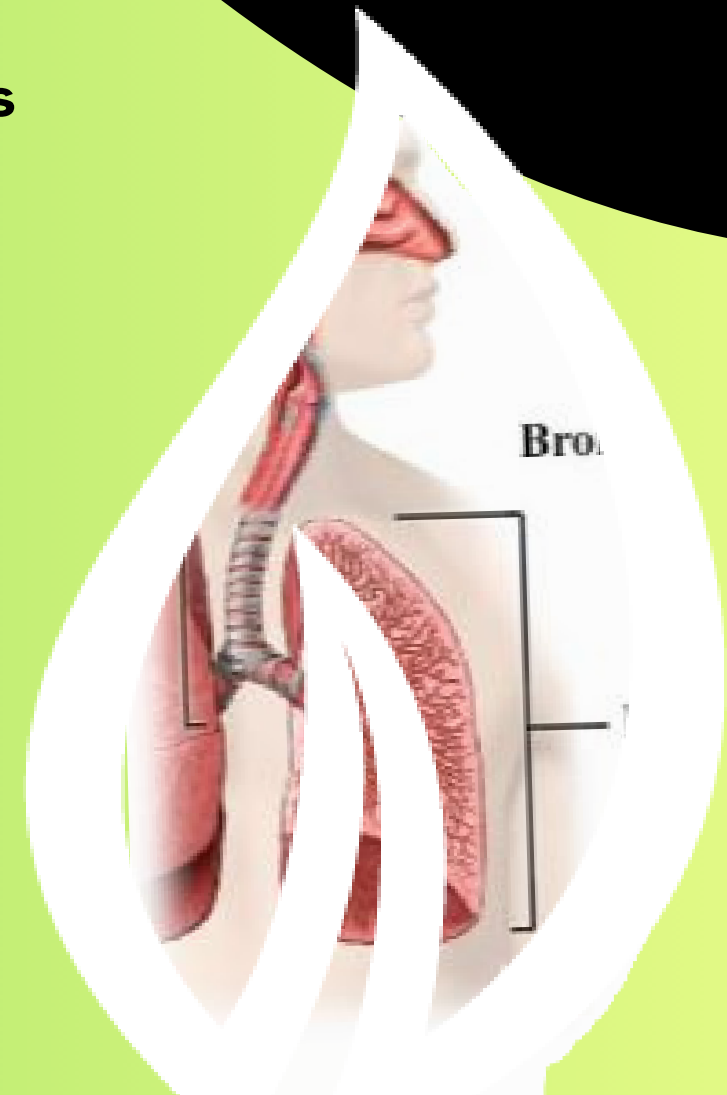
This interactive session will explore the pharmacological principles behind medications used in asthma, COPD, and other respiratory presentations.

Suitable for: Paramedics and EMTs

Prospective delivery dates: August 2026 onwards

Course detail: 3.5 hour online course

Cost per delegate: £137.50 based on a cohort of 20*



INTRODUCTION TO PHARMACOLOGY

This live online session will cover key legislative frameworks governing drug administration, explore the principles of pharmacokinetics and pharmacodynamics, and discuss how these concepts influence clinical decision-making in emergency care.

Suitable for: Paramedics and EMTs

Prospective delivery dates: August 2026 onwards

Course detail: 3.5 hour online course

Cost per delegate: £137.50 based on a cohort of 20*



CARDIAC PHARMACOLOGY

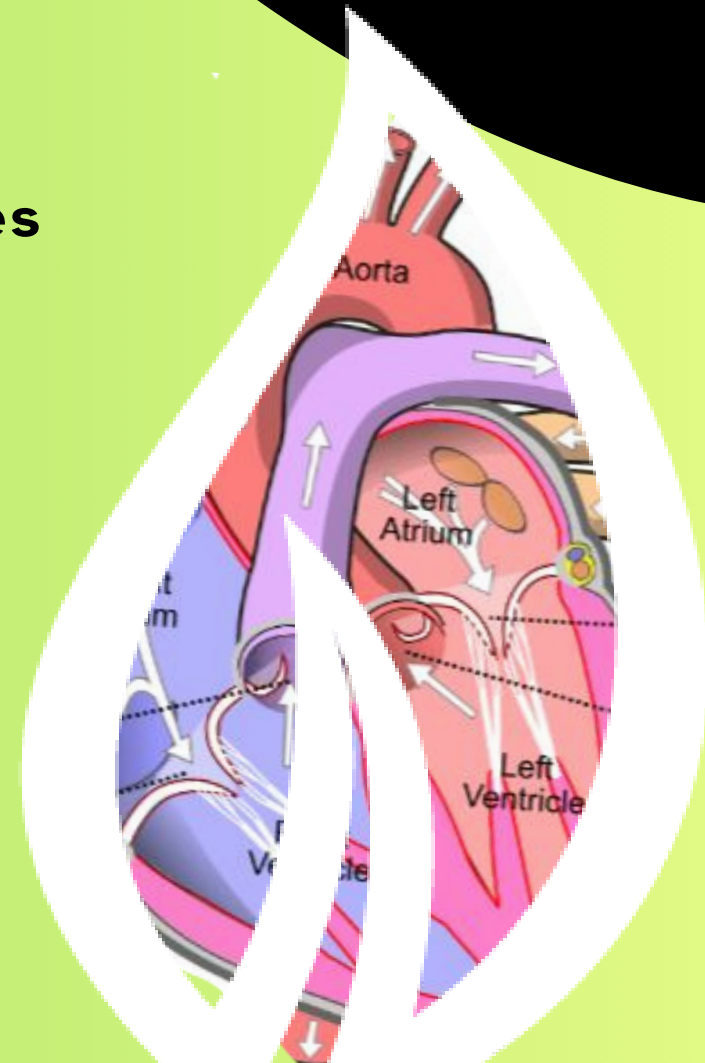
This live online session will cover the key medications used in managing conditions such as acute coronary syndromes, arrhythmias, and heart failure, linking pharmacological principles to practical application

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: 3.5 hour online course

Cost per delegate: £137.50 based on a cohort of 20*



PAEDIATRIC

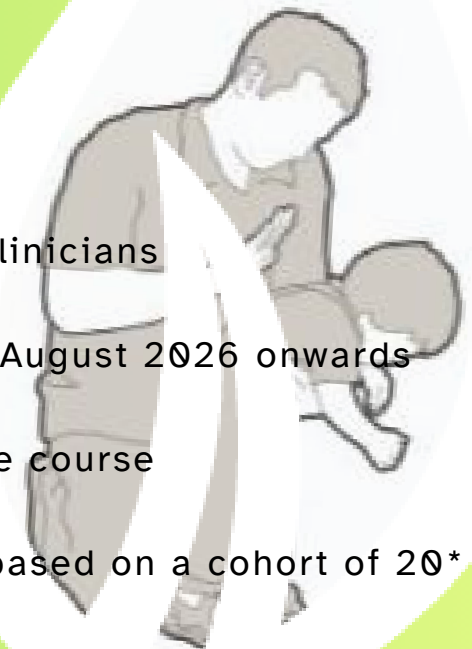
This session will analyse the anatomical and physiological differences in paediatrics which underpin differences in clinical assessment and management. It will cover common medical presentations in paediatrics, including bronchiolitis, croup, epiglottitis, fever and febrile seizures, meningitis, asthma and diabetic ketoacidosis. It will include common traumatic presentations in paediatrics including head injury, fractures, burns and foreign body airway obstruction and it will examine safeguarding considerations in the paediatric patient and develop an understanding of developmental stages.

Suitable for: All ambulance clinicians

Prospective delivery dates: August 2026 onwards

Course detail: 3.5 hour online course

Cost per delegate: £137.50 based on a cohort of 20*



QUOTES FROM OUR CANDIDATES

"One of the best online classes I have done in a long time"

**"Absolutely amazing session, i struggle with online learning but it was proactive, engaging and i have learnt so much!!!
Thank you so so much!"**

"Brilliant session - very well delivered. Thank you :) "

I just wanted to pass on my thanks as without his CPD sessions I would never have got through the clinical exam which was part of the selection interviews. I will be joining in September.

CONTACT US

If you would like any information about our upcoming workshops, please contact Cumbria Skills Academy @ csa@cumbria.ac.uk