

PRE ARRIVAL INFORMATION

**UNIVERSITY OF CUMBRIA
ACCOMMODATION**



CONTENTS

- 4 **WELCOME**
- 7 **PLANNING YOUR ARRIVAL DAY**
- 9 **WHAT'S INCLUDED**
- 11 **GENERAL INFORMATION**
- 14 **FREQUENTLY ASKED QUESTIONS**
- 16 **CAMPUS MAPS**

WELCOME

We are very pleased to welcome you into Accommodation at the University of Cumbria. We hope that your stay here will be a pleasant one.

The following information is designed to help you plan your arrival day, orientate yourself and make your stay with us more enjoyable. However, if you have any queries about something not listed here, or if you would like further information, please do not hesitate to ask a member of the Accommodation Team or contact the relevant Accommodation Office during office hours on:

Ambleside: amblesideaccom@cumbria.ac.uk

Lancaster: lancasteraccom@cumbria.ac.uk

Carlisle: carlisleaccom@cumbria.ac.uk

ACCOMMODATION MY CUMBRIA PAGE



SCAN HERE

my.cumbria.ac.uk/student-life/accommodation

My Cumbria Hub – your go-to resource for accommodation information and frequently asked questions.



PLANNING YOUR ARRIVAL DAY

Arriving At Your Campus

Our arrival day is based on a timeslot system. These will be sent to you via email closer to arrival day.

Please arrive at the campus address shown below:

Ambleside:	Lancaster:	Brampton Road:	Carrock Halls:
Rydal Road, Ambleside, Cumbria, LA22 9BF	University of Cumbria, Bowerham Road, Lancaster, LA1 3RR	Brampton Road Halls, University of Cumbria, Brampton Road, Carlisle, Cumbria, CA3 9AY	Carrock Halls of Residence, Fusehill Street, Carlisle, Cumbria, CA1 2HH

A member of the team will be on hand to greet you at the check-in points. If you are arriving out of hours, please contact:

Central: accommodationadmin@cumbria.ac.uk

Welcome Meeting

A welcome meeting will be held after 4pm on Welcome Sunday. This compulsory meeting for all resident students provides an opportunity to meet the staff and hear essential information to help you settle in. Details of the meeting will be sent via email before you arrive. This meeting is intended for student residents only; should parents have any questions during arrival, please speak to a member of the Accommodation Team.



Arrival Day Induction:

Before arriving to collect your key, please ensure you have completed the online induction via the Accommodation Portal. This induction is sent via email two weeks prior to arrival and must be completed before you come to campus. You can also access the portal at: my.cumbria.ac.uk/student-life/accommodation

In addition, there will be a video induction that all students are required to watch during arrival.



PACKING FOR ACCOMMODATION.

Packing for university can feel challenging, but it doesn't have to be stressful. We've put together guidance on what to pack, what to leave behind, and what's already included in your room to help you avoid overpacking.

Below you'll find information on what to pack, what to leave behind, and what is already included in your room to help avoid overpacking.

What to Pack

We have created a simple checklist to help you prepare for university and make sure you don't forget the essentials.

You can find the checklist [here](#).

Prohibited Items

We also have a list of items that are not permitted in halls. These restrictions are mainly in place for health and safety compliance. If any prohibited items are found in your accommodation, they will be confiscated until you are able to remove them from halls.

You can view the full list [here](#).

WHAT'S INCLUDED

To help you avoid bringing unnecessary items, many essentials are already provided in halls. You can find a full list of what is included in your accommodation below:

Each bedroom is fitted with:

- Single bed with under bed storage*
- Mattress and mattress cover
- Desk with drawers
- Desk chair
- Wardrobe
- Bedside cabinet
- Desk lamp

*Some three-quarter beds are available at Ambleside and will be confirmed at the time of room allocation.

If you have an en-suite, these all come with shower curtains.

All rooms are furnished with curtains or blinds and carpet. You might want to bring your own rug. Students are not permitted to decorate their rooms or remove or alter furniture/curtains.

Bathrooms

Care must be taken not to block drains or allow basins or shower trays to overflow. The shower drain needs to be cleaned regularly and kept full of water.

Kitchens

Each kitchen is equipped with:

- Cooker
- Microwave
- Fridge
- Freezer
- Kettle
- Toaster
- Vacuum cleaner
- Mop and bucket
- Dustpan and brush

You are responsible for keeping kitchens clean and tidy, including the cooker and fridge/freezer and for removing all rubbish and recycling from the kitchen. If excessive rubbish is left in the kitchen, it will be removed by the Domestic Services staff at a charge.

Internet Access

An internet connection is provided in every bedroom by Glide. There is no additional charge, as this is included in your rent. Details on how to connect, get support, or report a problem can be found on our MyCumbria accommodation page, and via the QR code at the start of this booklet.



Laundry Facilities

We also have an onsite laundry facility which you can pay by card or via the Circuit Go app.

Location:

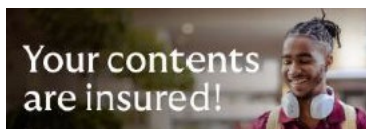
Ambleside:	Lancaster:	Brampton Road:	Carrock Halls:
Basement of Helvellyn and Stockghyll	Ground floor, next to Waddell North Hall	Ground floor, beside the entrance to Block B	Ground floor, at the entrance to the halls

Details on how to use the laundry, get support or report a problem can be found on our my Cumbria accommodation page.



Contents insurance

Contents Insurance is provided in our University-owned, on-campus residences via Howdens. Students must register their cover, and full details – including how to register and access policy information – can be found on our MyCumbria accommodation page.



GENERAL INFORMATION

Our aim is to provide an environment that is supportive of a resident student's basic and developmental needs and to generate a sense of belonging. Our community emphasises mutual respect and understanding and awareness of diverse cultures.

The Accommodation Team is responsible for the welfare of residential students and balances discipline and community development in halls, offering suggestions for improving your life in halls and enjoying a living learning experience.

The Accommodation Team works closely with the Security Team. They are an integral part of university life for residential students, making a vast contribution towards your safety, security and well-being.

We value working to support all students, staff and visitors to our campuses and look to incorporate events throughout the academic year

Key Collection

You will receive an email with full details of the moving-in and key collection process after you complete the online induction. This is usually sent around two weeks before arrival.

Inventory

On arrival (after you have collected your keys and before you unpack), you need to complete both the room and flat inventories online via the portal. Students will be advised during induction to complete the inventory and submit it within seven days of their check-in date. Check every item in your room and communal areas and record any discrepancies, such as wear-and-tear marks, scuffs, or missing items. The inventory acts as evidence of the standard of the room when it was given to you on check-in and will be used during your mid-term inspections and at departure to determine the extent of any damage or wear and tear. This record is also used to assess the condition of the room when you leave.



Visitors

Adult visitors (over 16) may stay overnight for a maximum of two consecutive nights during any 14-day period. You should not have visitors staying on consecutive weekends. Visitors should not be left, day or night, in the allocated accommodation without you being present. Permission to accommodate an overnight guest must be obtained in advance from the Accommodation Team, who must also be informed by email. You are responsible for the behaviour of your visitors and will be held liable for any damage or disturbance caused by them.

Car Parking

Car parking arrangements vary depending on your campus. All information regarding parking, including permits and designated areas, can be found [here](#).

Temporary Disabled Parking Permits are available for resident students who have a disability, in which case you should contact the Disability Team in the first instance disabilityservices@cumbria.ac.uk who will liaise with Campus Services to provide a permit if deemed appropriate.

Useful Taxis

Campus	Taxi Numbers
Lancaster	A1 Taxis: 01524 410000 32090-35666 Taxis Ltd: 01524 32090 or 01524 35666 848 Taxis Lancaster & Morecambe: 01524 848848
Ambleside	Ambleside Amber Taxis: 01539 442000 John's: 07759143423 Andys Taxi of Ambleside: 07554372233
Carlisle	Carlisle 247365 Taxis Ltd: 01228 247365 Taxis in Carlisle: 01228 812612 AAA Taxis: 01228 808777



FREQUENTLY ASKED QUESTIONS (FAQS)

What if I arrive late or out of hours?

Don't worry if you are arriving out of hours. We have an on-campus Security Team available to support you.

Please call the relevant campus security team once you arrive, and they will direct you to your key collection point.

What size bed do I have?

The majority of our rooms have standard single beds.

However, our Fell Court properties have a small number of 3/4 (three-quarter) beds. If you are staying in Ambleside and would like to confirm your bed size, please contact the Ambleside Accommodation Team via email.

amblesideaccom@cumbria.ac.uk

Can I arrive early?

Early arrivals are accepted on a case by case basis and are subject to availability.

If you would like to request an early arrival, please contact the Accommodation Team to discuss your request.

What happens if I need assistance out of hours?

Our Security Team operates out of hours and is available to support you. Give them a call once you arrive and they will be more than happy to assist you.

SECURITY NUMBERS:

Ambleside: 07809190531

Carlisle Fusehill Street: 07809190530

Carlisle Brampton Road: 07809190541 (Till 10.30pm Mon – Fri) 07809190530 (on weekends)

Lancaster: 07809190566



UNIVERSITY BUILDINGS

- 1 Alexandra Building (AXB)
- 4 Bishop Cross Building (BOB)
- 5 Café Martineau
- 6 Chapel
- 7 College Main
- 8 Video Conferencing Facilities
- 9 College North (N)
- 10 College South (S)
- 11 Dalton building (DB)
- 12 Donald Coggan building (DC)
- 13 Fieldhead (F)
- 14 Gateway Building
- 17 Including the view Restaurant
- 18 High Poland Lecture Theatre (HPLT)
- 19 Ingletton House
- 20 Kay Shuttleworth Lecture Theatre (KSLT)
- 21 Library - Harold Bridges
- 26 Askwith Building (AB)
- 28 International College
- 32 Sport Complex (LSP)
- 34 The Keep (K)
- 35 Waddell Halls
- 37 Pre-School Centre
- 38 Sentamu Building (SB)

CAMPUS MAP KEY

- Main Reception
- Building Access
- Accessible Entrance
- Car Park
- Designated Disabled Persons Parking Bay
- Vehicle Access
- Pedestrian Access
- Bicycle Parking
- Cycle Route
- Designated Smoking Area
- Loop System
- Maternity Room



Address
University of Cumbria,
Bowerham Road, Lancaster,
Lancashire, LA1 3JD

Telephone
01524 590 800

Want to know more about living in Lancaster?
Please visit cumbria.ac.uk/lancaster

LANCASTER CAMPUS

CARLISLE FUSEHILL STREET CAMPUS

CAMPUS KEY MAP

- Main Reception
- Building Access
- Accessible Entrance
- Car Park
- Designated Disabled Persons Parking Bay
- Bicycle Shed
- Designated Smoking Area
- Loop System
- Maternity Room
- Pay and Display Parking
- Designated Care Share
- Outdoor Classroom



UNIVERSITY BUILDINGS

- 1 Blencathra (B)
- 2 Bowscale (BS)
- 3 Carrock Halls of Residence
- 4 Calva Lecture Theatre
- 5 Calva Main Entrance
- 6 Chapel
- 7 Estates
- 8 Learning Gateway (LG)
- 9 Lonsdale Building (LN)
- 10 Outdoor Classroom
- 11 Skiddaw (SK)
- 12 Sports Centre (CSP)
- 13 STEM Laboratories

Address
University of Cumbria,
Fusehill Street, Carlisle CA1 2HH

Telephone
01524 590 800

Address
University of Cumbria,
Brampton Rd, Carlisle CA3 9AW

Telephone
01228 400300

CAMPUS KEY MAP



UNIVERSITY BUILDINGS

- D11 & D12
- D13 & D14
- D15 & D16
- D17 & D18
- D19 & D20
- Sign Building & Dance Studio
- Halls of Residence
- Homeacres
- Library
- Main Building (MB)
- Stanwix House (SH)
- Workshops and Ceramics Studios (W)
- Stanwix Cottage
- Dance Studios
- Vallum Gallery

CARLISLE BRAMPTON ROAD CAMPUS

AMBLESIDE CAMPUS

Address
University of Cumbria
The Barn, Rydal Road,
Ambleside,
Cumbria,
LA22 9BB

Telephone
01539 430274

UNIVERSITY BUILDINGS

- The Barn
- Beehive
- Borrowdale
- Charlotte Mason Building (CMB)
- Langdale (LD)
inc. Percival Lecture Theatre
- Low Nook
- Millet
- Rigg Cottage
- Scale How
- Stockgill
- Estates

STUDENT RESIDENCES

- Ashfield
- Beechfield
- Castle Crag
- Eagle Crag
- Fairfield
- Fellbarrow
- Greenbank North
- Greenbank South
- Hazeldene
- Heathfield
- Helvellyn
- Rothwaite
- Seathwaite
- N Stybarrow
- Wansfell
- Yewbarrow



