

Course Title	B.A. (Hons.) Dance
Course URL	https://www.cumbria.ac.uk/applicants/welcome/performing-arts/ba-hons-dance/
Course Fees	£9,250 (Annually)
Additional Costs	
<p>All students need to be aware that they will incur additional costs whilst on programme. The list below will provide you with an overview of additional costs.</p>	
Books and Journals	
<p>It would be really useful for you to start reading some of the set books for each module as listed below. Some of these are available for free through our online programme, One Search, which will be introduced to you during Welcome Week. Please set about £100 aside for book purchases for throughout the year.</p> <p>For now, please buy the following:</p> <ol style="list-style-type: none"> 1. E.Rafferty. S, Tomlinson, C. (2015) <i>Safe Dance Practice</i>. Champaign, IL: Human Kinetics 2. Butterworth, J. (2012) <i>Dance Studies the Basics</i>. Oxon: Routledge 3. Burrows, J. (2010) <i>The Choreographer's Handbook</i>. Oxon: Routledge <p>Please also take some time to become familiar with the following national dance organisations People Dancing and One Dance UK. These organisations are a useful resource for a dance student to keep informed about current projects and practice in the dance scene.</p> <p>People Dancing: http://www.communitydance.org.uk One Dance UK: http://www.onedanceuk.org</p>	
Stationery	
<p>Students should budget for stationery and consumables for your own personal use. This should include notebooks, pens and pencils for taking notes in class and/or rehearsals. Students should also budget for the purchase of USB pen drives, as well as occasional printing and photocopying costs incurred in the preparation or submission of coursework.</p> <p>Whilst you will choose how much you need, expect to pay around £30 - £40 per year for these items.</p>	
Clothing and Equipment	
<p>Students are required to wear plain black clothes and comfortable flat footwear for all their practical classes, showings and some performances. Clothing should be plain black, durable and provide for a freedom of movement (i.e. be flexible and comfortable). Students should budget approximately £100 - £150 for appropriate rehearsal clothing.</p> <p>Essential Equipment: Base layers:</p> <ul style="list-style-type: none"> • Neutral black leggings or footless tights and leotard (for Contemporary & Jazz) • Footless pink or black tights for Ballet • Suitable garments for appropriate support 	

Outerwear:

- Neutral black trousers and/or tracksuit bottoms
- Neutral black t-shirts (high neck lines please)
- Neutral black long-sleeved baggy tops or sweatshirts (no hoods)

Footwear: (you will be required to work in bare feet for most classes – please advise your tutors if there is a reason why this is not possible)

- Neutral black socks
- Neutral black jazz shoes
- Soft Ballet shoes (pointe shoes optional)
- Foot Thongs (optional)

Accessories:

- Kneepads for dance (optional)
- Sports Water Bottle
- Personal Care Kit (useful items include inhalers, personal medication, support bandages as required, plasters, instant cold compress, baby wipes, deodorant)

For performances, assessments or additional projects, you may be required to buy specific equipment or clothing. Your tutors will give you sufficient time to source these. It is recommended to keep approximately £100 resource budget available.

If you are struggling to source any of these items, please get in touch. We have experience suggesting sources for some of the less readily available items and are happy to help.

Theatre Trips

Students are encouraged to attend the Stanwix Theatres on campus as regularly as possible to support their fellow performers and attend productions by professional touring theatre companies and performers who visit the campus. Prices for performances at the Stanwix Theatre can vary, and while some performances are free, student shows typically cost around £8 for Guests, £6 for concessions and £4 for members. Membership for students currently costs £10 per annum. Attendance at these shows are not compulsory however, so what you see and how much you spend is at your discretion.

In addition to your studies, you may also have the opportunity to go on theatre trips to professional venues across the country. The cost for these trips can vary enormously ranging from £20 - £200 depending on the theatre and the distanced travelled. These trips are however optional, so which shows you choose to see and how many trips you go on is your decision.

Contact Us

For Programme related queries, please contact:

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