

Course Title	BA (Hons) Outdoor Leadership
Course URL	https://www.cumbria.ac.uk/study/courses/undergraduate/outdoor-leadership/
Course Fees	£9,250 (Annually)
Additional Costs	
<p>All students need to be aware that they will incur additional costs whilst on programme. The list below will provide you with an overview of additional costs.</p> <p>Books are reviewed annually and are therefore subject to change, course welcome information will provide you with an indicative list for the year.</p>	
Books and Journals	
<p>Pre-course reading Barnes, P. and Sharp, B. (Eds.) (2004) The RHP Companion to Outdoor Education. Russell House: Lyme Regis. (approx. £20) Priest, S. & Gass, M. (2005) Effective Leadership in Adventure Programming. Kendal/Hunt: Iowa. (approx. £40) Reading list It is recommended that students each have their own copy of the books listed below, but all are available in the university library. You may well be able to buy these books second hand from exstudents. Barnes, P. and Sharp, B. (Eds.) (2004) The RHP Companion to Outdoor Education. Russell House, Lyme Regis. (approx. £20) Beard, C. & Wilson J. (2002) The Power of Experiential Learning. Kogan Page Ltd; London. (approx. £10) Haralambos, M, and Holbourne, R. (2004) Sociology: themes and perspectives. London, Collins. (approx. £8) Jarvis, M. (1999) Sport Psychology. Routledge, London. (approx. £5) Long, J. (2007) Researching Leisure Sport and Tourism. London, Sage. (approx. £28) Mortlock, C. (1994) The Adventure Alternative. Cicerone, Milnthorpe. (approx. £35) Ogilvie, K. (2005) Leading and Managing Groups in the Outdoors. NAOE, London. (approx. £35) Priest, S. & Gass, M. (2005) Effective Leadership in Adventure Programming. Kendal/Hunt, Iowa. (approx. £40) Smithson, P. and Addison, K. (2008) Fundamentals of the Physical Environment (4th Ed). Routledge, London. (approx. £35)</p>	
Stationery	
<p>Students will incur costs for stationery and printing and other basic materials whilst on course and should budget accordingly. Where specifics are required they will be detailed below but items denoted are an outline rather than indicative list. Stationery for your own personal use (pens, papers and folders, etc.) Whilst you will choose how much you need, expect to pay around £10 - £20 per year for these.</p>	
Clothing and Equipment	
<p>For the course, don't go out and buy lots of equipment, try our equipment first and then buy the type that you develop a liking for. However it is important that every student has their own walking boots (3 season preferably), waterproof trousers and coat (with hood) and day sack (35 litres). These can be bought for a reasonable cost. It is advisable to get good quality waterproofs as they will then last quite a few years, Gortext fabric is expensive but worthwhile.</p> <p>Waterproof jacket and trousers (£150- £200) Walking boots (£50-150) Warm hat and gloves (£30) Other outdoor clothing e.g. thermals, fleeces, socks, walking type trousers etc. (various costs but £200 as a guide) Rucksack for day use (approx. 40 litres). You may also find a larger rucksack useful for residential. If you can only afford to buy one rucksack buy a larger one (approx. 60 litres) that you can adjust when you are carrying smaller amounts. (£50-150) Water bottle/flask (£5-10) Compass (e.g. Silva expedition type 4) (£20) Whistle (e.g. orange plastic one) (£1.50) Orange survival bag or equivalent (£5) 4 laminated maps that cover the Lake District National Park (1:25,000) (£10 each). Wet suit boots (£20) (or old trainers!) Wellingtons (£15) – the best bit of kit! Climbing harness (£50) Climbing helmet (£40)</p>	
Field Trips	

Various expeditions in the second year have some additional costs depending on students' decisions. For example we run winter skills and canoe trips in Scotland. Students typically need to cover the cost of transport and perhaps some accommodation (This might vary from £10 - £150). The student groups have the autonomy to decide the level of such costs. Under the newly revalidated degree, there is now a European-based module, which is normally run in Andorra. Once at location students will be transported to the various venues and have accommodation costs covered (normally a sunny campsite!). However, students have to make their own way to the course location and are encouraged to attend the European module as part of a bigger adventure or journey. They should allow approximately £350.00 for these travel costs.