

<b>Course Title</b>	BSc (Hons) Outdoor Adventure and Environment
<b>Course URL</b>	<a href="https://www.cumbria.ac.uk/study/courses/undergraduate/outdoor-adventure-and-environment/">https://www.cumbria.ac.uk/study/courses/undergraduate/outdoor-adventure-and-environment/</a>
<b>Course Fees</b>	£9,250 (Annually)
<b>Additional Costs</b>	
<p>All students need to be aware that they will incur additional costs whilst on programme. The list below will provide you with an overview of additional costs.</p> <p>Books are reviewed annually and are therefore subject to change, course welcome information will provide you with an indicative list for the year.</p>	
<b>Books and Journals</b>	
<p>Please note the University library holds all these books and you may well be able to buy these books second hand from ex-students. You will use these books at different points throughout the course. Beames, S, Higgins, P &amp; Nicol, R (2011) Learning Outside the Classroom. Routledge (approx. £20) Gooley, T. (2013) The Natural Explorer. London : Sceptre (approx. £10) Ingold, T (2000) The perception of the Environment. Abingdon: Routledge. (approx. £30) Macfarlane, R (2008) Mountains of the Mind: a History of a Fascination. London: Granta. (approx. £8) Mansfield, L (2011) Upland Agriculture and the Environment. Bowness: Badger Press Available in University Library Montbiot, G (2014) Feral: Rewilding the land sea and human life. London: Penguin. Books (approx. £10) Priest, S. &amp; Gass, M. (2005) Effective Leadership in Adventure Programming. Kendal/Hunt, Iowa. (approx. £42) Rackham, O (2000) The history of the countryside: the classic history of Britain's landscape, flora and fauna. London :Phoenix Press. (approx. £12) Wattchow, B &amp; Brown, M (2011) Pedagogy of Place: Outdoor Education in a Changing World. Clayton: Monash University Publishing. (approx. £30) Wurdinger, S (1999) Controversial Issues in Adventure Education. Dubuque, Iowa: Kendall/Hunt. (approx. £15)</p>	
<b>Stationery</b>	
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<b>Clothing and Equipment</b>	
<p>Students are expected to have the following equipment by week 4 of the course: Waterproof jacket and trousers (£150-£200) Walking boots (£50-150) Warm hat and gloves (£30) Other outdoor clothing e.g. thermals, fleeces, socks, walking type trousers etc. (various costs but £200 as a guide) Rucksack for day use (approx. 40 litres). You may also find a larger rucksack useful for residential. If you can only afford to buy one rucksack buy a larger one (approx. 60 litres) that you can adjust when you are carrying smaller amounts. (£50-150) Water bottle/flask (£5-10) Compass (e.g. Silva expedition type 4) (£20) Whistle (e.g. orange plastic one) (£1.50) Orange survival bag or equivalent (£5) 4 laminated maps that cover the Lake District National Park (1:25,000) (£10 each). Wet suit boots (£20) (or old trainers!) Wellingtons (£15) – the best bit of kit!</p>	

### **Field Trips**

Picos de Europa, Northern Spain in your second year. Students travel independently and therefore they cover the cost of their travel to and from Spain (this varies from £100 to £300). Students also cover their own food costs which ought to be cheaper than the equivalent in the UK. There is the opportunity to extend your travel time through Europe. There is usually several weeks between finishing in the UK and arriving in Spain. If you take this opportunity you will need to finance it. Various expeditions in the second year have some additional costs depending on students' decisions. For example we run sea kayaking and Canoeing in Scotland. Students typically need to cover the cost of transport and perhaps some accommodation (This might vary from £10 -£150). The student groups have the autonomy to decide the level of such costs. Expedition in the third year. Students have the option of carrying out an extended expedition anywhere but they must justify this ethically and environmentally. Students bear the cost of this. It may be zero to who knows (the cost depends where students choose and what this involves). You will be encouraged to and there are opportunities to fund raise for field trips abroad.

### **Other**

Students are involved in a multitude of outdoor activities. Some are optional and there is no need to purchase specialist equipment. However many students enjoy such activities and decide they want their own. This can be an extra cost for students but it is their choice. You need not spend a fortune on this equipment, if you avoid expensive brands. Many stores offer discounts to students/clubs. If you are unsure what to buy then you can purchase equipment during the first couple of weeks as a student here. We will arrange discount evenings at equipment stores in Ambleside. This is a good time to buy new equipment as you will be able to gain advice from university staff, other students and shop staff (there are lots of outdoor gear shops in town). Professional development courses. For many jobs in the outdoor sector employees will require to hold professional competency based qualifications. Students can choose to develop their skills in addition to what we cover on the course. Many are National Governing Body courses that vary in cost from £20 to £400. These are often run by external providers not the university. As we have many students we can negotiate favourable rates plus once students have such qualification they find work locally as they live in Ambleside as a student.